

Value the
Difference

Youth Exchange Infopack



2016
16th – 24th
January

Romanian Partner
Babilon Travel

Polish Partner
Youth of Europe

Italian Partner
Mine Vaganti

Belgium Partner
VIEWS International

Greek Partner
Social Care Network - HELP

Soon the second part of the Value the Difference project starts. In this infopack you can find a brief introduction on what to expect during the upcoming Youth Exchange and what the multi-activity project – Value the Difference, is all about.

Dear Partners and Participants!

The Youth Exchange is coming closer and closer. Most things for the YE are already arranged. We will be meeting in Poronin at the beginning of the next year.

The event has a busy schedule you will find the overview of activities on the following page. Hopefully we manage to get the entire programme done and we can bring amazing participants to this exciting learning experience.

Now a few words about the Value the Difference concept. It is a multi-activity project designed to promote integration of visually impaired young people through sport and outdoor activities. To achieve its objectives we planned two separate events taking place in Romania and Poland.

training course, which gathered 24 youth workers taking place in Cluj-Napoca, Romania from 4th to 11th November 2015. The event targeted youth workers willing to explore and extract all the possible positive aspects of work with visually impaired youth, using non-formal methods of education for developing consistent inclusion and acceptance among our beneficiaries.

The second activity, which will be an 8-days long youth exchange for 40 participants (28 non-visually impaired and 12 visually impaired, 30 aged 18-30 and 10 participants from the training course acting as leaders and accompanying persons, a total of 8 participants/country). During this activity we invite 10 youth workers that took part in TC in Romania to put in practice new skills and evaluate methods learned.

First activity was an 8-days long

As we are going to stay in a lovely hotel

in the finest Polish mountains, get ready for a winter adventure! We will be doing lots of fun snow activities as: alpine skiing and ice-skating. We also plan field trips to Krakow and Zakopane.

Organizational matters:

VENUE The activities will take place in town Poronin in the high Tatra mountains. Participants will be accommodated in the hotel Austryjok (www.austryjok.com) They will be staying in shared international rooms (3-4 person per room).

Country	Number of participants	Max. Travel Cost (EUR)
Romania	8	80
Poland	8	20
Belgium	8	170
Italy	8	170
Greece	8	170

TRAVELS and REIMBURSEMENT Confirm with us your travel route before you buy any tickets. You are expected to **arrive** to Poronin on 16th of January. The departure will be on 24th of January. For participants from Belgium, Romania and Poland it is advisable to arrange their transport with minibuses. For those participants arriving by plane it will be possible to organize transportation with a minibus from their arrival airport to the project's venue. Nearest airport is situated in Krakow. We will reimburse travels costs (see limits listed in the table - left) within 45 days after receiving all the original travel documents, by bank transfer. In case you need advice on that, please don't hesitate to contact us! Within the project all the expenses related to accommodation and food are covered.

INSURANCE In order to take part in skiing activities all the participants are required to insure themselves in their home countries. The participants cover this cost themselves, and it is consider their contribution to the project. The skiing activities will be carried out by professional licensed ski instructors, however participants that will not have insurance covering the skiing activity will not be able to attend them.

Whom are we looking for?

We would like to engage young people interested in sport and intercultural events that are motivated to meet other young people from different cultures. The project is designed to include visually impaired and blind participants.

For the purpose of the project we would like to involve 8 participants (6 young people aged 18-30 plus 2 participants that attended the training in Romania, as leaders and accompanying persons) to attend the Youth Exchange in January 2016 in Poland. Each country should bring at least 2 visually impaired participants.

None of the activities are compulsory; if somebody will not feel fit to attend them it is OK.

What to bring:

For intercultural evening please bring typical food and drinks which don't need to be cooked as we cannot use the kitchen but we can use fridge and store food there. You are welcome to take handicraft or clothes and music to introduce us to your cultural identity and country. We would like to ask each country to prepare a short country presentation max 10 minutes and also one game/dance/song or other traditional activity with idea to involve all other participants, visually and non-visually impaired. Participants have to bring passport/ID card, medical insurance (mandatory), warm cloths suitable for trekking in the mountains, snow and low temperatures, pocket money, flyers presenting their NGO, country flag and any other materials suitable for country presentation. In case you have skiing or skating equipment, please don't hesitate to bring it with you.

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Timetable

DAY 1 16TH JANUARY

ARRIVAL OF THE PARTICIPANTS

4 pm – lunch
5 pm – getting to know each other – presentation of the project and the consortium
6 pm – visiting the venue and surroundings
7 pm – dinner
8 pm – informal meeting of the participants

DAY 5 20TH JANUARY

9 am – breakfast
10 am – trip to Krakow
2 pm – visiting Krakow
4 pm – return to the hotel
5 pm – mid-evaluation
7 pm - dinner

DAY 2 17TH JANUARY

10 am – welcoming to the project and presentation of the organizing team
12 am – visiting the venue and surroundings
2 pm – lunch
3 pm – Introduction to fun games and ice-breakers
4 pm – Stereotypes exercise
7 pm – dinner
8 pm – Fears and expectations and first evaluation

DAY 6 21ST JANUARY

9 am – breakfast
10 am – skiing in the mountains part 2
1 pm – outdoor lunch
2 pm – sightseeing of Zakopane
7 pm - dinner

DAY 3 18TH JANUARY

9 am – breakfast
10 am – morning briefing and energizers
12 am – outdoor activities in the snow
1 pm – lunch
2 pm – Blindfolded Games/Sport activities
4 pm – Blindfolded Games/Sport activities
7 pm - dinner

DAY 7 22ND JANUARY

9 am – breakfast
10 am – goal setting
1 pm – lunch
2 pm – ice-skating
4 pm – the open space
7 pm - dinner

DAY 4 19TH JANUARY

9 am – breakfast
10 am – first day of skiing – getting to know the equipment and rules
1 pm – lunch
2 pm – Going to the mountain and on the slope
7 pm – dinner
8 pm – intercultural evening

DAY 8 23RD JANUARY

9 am – breakfast
10 am – Youthpass ceremony
1 pm – lunch
2 pm – Evaluation of the week and the whole project
7 pm – farewell dinner party and a bonfire

DAY 9 24TH JANUARY

DEPARTURE OF THE PARTICIPANTS